

Breakfast & Break

Available in Restaurant Everyday
Breakfast
Cereal with Milk £1
Porridge £1
1/2 Toasted Bagel VE 30p
Toast & Dairy Free Spread 20p
Jam Portion 10p
Sweet Waffle 70p
Vegan Pancakes 70p
Pain au chocolat 70p
Croissant 70p
Piece of Fruit 40p
Fruit Bag 60p
Yoghurt 60p
Cereal Bar 70p
Drinks
Apple Juice 60p
Orange Juice 60p
Viva Milk 60p
Water 60p
Flavoured Water £1
Tea or Coffee 50p
Hot Chocolate 50p

Available in Restaurant Everyday
Breakfast Meal Deal - Choose any 5 for £2 (Includes Free Slice of Toast
Bacon 50p
Pork Sausage 50p
Quorn Vegan Sausage 50p
Baked Beans 40p
Mushrooms 50p
Egg 50p
Hash Brown 40p

Available in Restaurant, Plaza, Mezzo & Gallery
Break Menu (Items subject to Availability)
Toast & Dairy Free Spread 20p
2 Vegan Hash Browns 70p
Sweet Waffle 70p
Blueberry Muffin 70p
Vegan Pancakes 70p
Cereal Bar 70p
Bacon Bap £1
Pizza Pocket £1.40
Vegan Sausage Bap £1
Cookie (Low Sugar) 60p
Yoghurt (Fat Free) 60p
Piece of Fruit 40p
Fruit Bag 60p
Fruit Juice 60p
Drinks
Milkshake (Low Sugar/ Low Fat) 60p
Fruit Water £1
Smoothies (Restaurant Only) £1

Available Everywhere, All Day
Cookie 60p
Fruit 40p
Yoghurt 60p
Water 60p
Milkshake 60p
Fruit Juice 60p
Fruit Water £1
Radnor Can £1

Lunch

Available In Restaurant Everyda

Pasta king

£1.80 Pasta King - Pasta of the Day or £2.40 Pasta of the Day Meal Deal Including drink & cookie or fruit

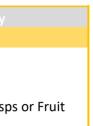
ailable in Restaurant, Plaza, Mezzo & Gallery
Sandwiches
£1.45 Sandwich

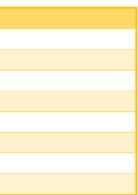
or £2.40 Sandwich Meal Deal Including drink & Cookie or Crisps or Fruit

Available in Restaurant Everyday
Jacket Potato Bar
Oven Roasted Jacket Potato Served with Butter and Salad 1 Filling £1.50 2 Fillings - £1.80
Available Fillings (Extra fillings - 50p)
Cheese
Coleslaw
Low Sugar & Salt Baked Beans
Tuna Mayo

Hot Filling of the day (Subject to Availability)

Monday	Tuesday	Wednesday	Thursday	
Vegetable Noodles Topped with a Spring Roll V	Chickpea Curry in Folded Naan Bread VE	Loaded Nachos with American Cheese & Salsa V	American Style Mac & Cheese Pot $oldsymbol{V}$	Vega
Chicken Burger	Chicken Tikka in Folded Naan Bread with Yoghurt Dressing	Homemade Chicken Curry Pot with Rice	BBQ Chicken Loaded Waffle Fries	Southerr
Potato Wedges	Potato Wedges	Potato Wedges	Potato Wedges	
Margherita Pizza Slice	Margherita Pizza Slice	Margherita Pizza Slice	Margherita Pizza Slice	Mar
Special - Pork Sausage Roll	Special - Vegetable Samosa	Special - Pork Sausage Roll	Special - Vegetable Samosa	Specia





Friday

egan Nuggets & Chips

ern Fried Chicken & Chips

Chips

Margherita Pizza Slice

ecial - Pork Sausage Roll

V - Vegetarian VE - Vegan

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Monday	Tuesday	Wednesday	Thursday	
Homemade Spaghetti Bolognese	Traditional Mince Beef Pie	Homemade Jerk Chicken with Rice & Peas	Homemade Chicken Curry with Rice	
Homemade Cheese & Potato Pie with Grilled Tomatoes V	Vegan Pasty VE	Mac & Cheese V	Homemade Chickpea & Lentil Curry with Rice V	Ve
Mixed Vegetables Baked Beans	Salad Carrots & Peas Baked Beans	Corn on the Cob Baked Beans	Homemade Bombay Potatoes	
	Herby Diced Potatoes	Rice & Peas	Rice	
Garlic Bread	Crusty Bread	Garlic Bread	Naan Bread	
Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	
Donut Yoghurt Fruit	Mini Waffle Surprise Vegetarian Sugar Free Jelly Yoghurt Fruit	Homemade Sponge & Custard Vegetarian Sugar Free Jelly Yoghurt Fruit	Amy's Dessert Pot of the Day Vegetarian Sugar Free Jelly Yoghurt Fruit	

Friday

Fish & Chips Or Southern Fried Chicken Strips

egan 'Chicken' Nuggets & Chips VE

Peas Baked Beans

Chunky Chips

Bread & Butter

Baked Beans Cheese Curry Sauce Potato Wedges

Cookie Vegetarian Sugar Free Jelly Yoghurt Fruit

Monday	Tuesday	Wednesday	Thursday	
Traditional Homemade Cottage Pie	Chicken Fajita bar with Unlimited Toppings	Grilled BBQ Chicken	Homemade Chicken Tikka Masala	
Homemade Tomato and Vegetable Pasta Bake	Spicy Bean Tower Burger	Falafel Stuffed Pitta with Mint and Chilli Sauce	Vegetarian Chicken Tikka Masala	Veg
Mixed Vegetables Baked Beans Salad	Slaw Salad	Corn on the Cob Coleslaw Salad	Baked Beans Coleslaw Corn on the Cob	
	Mexican Rice	Rice	Rice	
Garlic Bread	Tortilla	Pitta Bread	Naan Bread	
Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	
Flapjack Yoghurt Fruit	Homemade Cake Vegetarian Sugar Free Jelly Yoghurt Fruit	Homemade Sponge & Custard Vegetarian Sugar Free Jelly Yoghurt Fruit	Doughnut Vegetarian Sugar Free Jelly Yoghurt Fruit	

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		Week 3 W/C - 22nd Jan, 12th Feb, 4th Mar		
Monday	Tuesday	Wednesday	Thursday	
Classic Mac & Cheese with crispy top	All Day Breakfast with Pork Sausage, Bacon, Egg, Baked Beans, Hash Brown	Piri Piri Chicken	Homemade Chicken Biryani	
Vegan Katsu Curry	All Day Breakfast with 2 Quorn Vegan Sausages	Sweet Potato Cheesy Tray Bake	Homemade Paneer Biryani	Veg
Baked Beans Salad Sweetcorn	Baked Beans Salad	Corn on the Cob Coleslaw	Baked Beans Salad	
Potato Wedges	Hash Brown	Rice	Rice	
Garlic Bread	Bread & Butter	Pitta Bread	Naan Bread	
Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	
Cookie Yoghurt	Rice Crispy Cake Vegetarian Sugar Free Jelly Yoghurt	Sponge & Custard Vegetarian Sugar Free Jelly Yoghurt	Mini Waffle Surprise Vegetarian Sugar Free Jelly Yoghurt	

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