

Breakfast & Break

Available in Restaurant Everyday
Breakfast
Cereal with Milk £1
Porridge £1
1/2 Toasted Bagel VE 30p
Toast & Dairy Free Spread 20p
Jam Portion 10p
Sweet Waffle 70p
Vegan Pancakes 70p
Pain au chocolat 70p
Croissant 70p
Piece of Fruit 40p
Fruit Bag 60p
Yoghurt 60p
Cereal Bar 70p
Drinks
Apple Juice 60p
Orange Juice 60p
Viva Milk 60p
Water 60p
Flavoured Water £1
Tea or Coffee 50p
Hot Chocolate 50p

Available in Restaurant, Plaza, Mezzo & Gallery
Break Menu (Items subject to Availability)
Toast & Dairy Free Spread 20p
2 Vegan Hash Browns 70p
Sweet Waffle 70p
Blueberry Muffin 70p
Vegan Pancakes 70p
Cereal Bar 70p
Bacon Bap £1
Pizza Pocket £1.40
Vegan Sausage Bap £1
Cookie (Low Sugar) 60p
Yoghurt (Fat Free) 60p
Piece of Fruit 40p
Fruit Bag 60p
Fruit Juice 60p
Drinks
Milkshake (Low Sugar/ Low Fat) 60p
Fruit Water £1
Smoothies (Restaurant Only) £1

Available in Restaurant Everyday
Breakfast Meal Deal - Choose any 5 for £2 (Includes Free Slice of Toast)
Bacon 50p
Pork Sausage 50p
Quorn Vegan Sausage 50p
Baked Beans 40p
Mushrooms 50p
Egg 50p
Hash Brown 40p

Available Everywhere, All Day
Cookie 60p
Fruit 40p
Yoghurt 60p
Water 60p
Milkshake 60p
Fruit Juice 60p
Fruit Water £1
Radnor Can £1

Lunch

Available In Restaurant Everyday
Pasta king
£1.80 Pasta King - Pasta of the Day or £2.40 Pasta of the Day Meal Deal Including drink & cookie or fruit

Available in Restaurant, Plaza, Mezzo & Gallery
Sandwiches
£1.45 Sandwich or £2.40 Sandwich Meal Deal Including drink & Cookie or Crisps or Fruit

Available in Restaurant Everyday
Jacket Potato Bar
Oven Roasted Jacket Potato Served with Butter and Salad 1 Filling £1.50 2 Fillings - £1.80
Available Fillings (Extra fillings - 50p)
Cheese
Coleslaw
Low Sugar & Salt Baked Beans
Tuna Mayo
Hot Filling of the day (Subject to Availability)

Available Everywhere, All Day
Cookie 60p
Fruit 40p
Yoghurt 60p
Water 60p
Milkshake 60p
Fruit Juice 60p
Fruit Water £1
Radnor Can £1

Grab & Go - Plaza, Mezzo & Gallery Lunch - £1.80				
Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Noodles Topped with a Spring Roll V	Chickpea Curry in Folded Naan Bread VE	Loaded Nachos with American Cheese & Salsa V	American Style Mac & Cheese Pot V	Vegan Nuggets & Chips
Chicken Burger	Chicken Tikka in Folded Naan Bread with Yoghurt Dressing	Homemade Chicken Curry Pot with Rice	BBQ Chicken Loaded Waffle Fries	Southern Fried Chicken & Chips
Grab & Go - Plaza, Mezzo & Gallery Lunch - £1				
Potato Wedges Margherita Pizza Slice Special - Pork Sausage Roll	Potato Wedges Margherita Pizza Slice Special - Vegetable Samosa	Potato Wedges Margherita Pizza Slice Special - Pork Sausage Roll	Potato Wedges Margherita Pizza Slice Special - Vegetable Samosa	Chips Margherita Pizza Slice Special - Pork Sausage Roll

V - Vegetarian

VE - Vegan

Week 1				
W/C - 8th Jan, 29th Jan, 19th Feb, 11th Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Spaghetti Bolognese	Traditional Mince Beef Pie	Homemade Jerk Chicken with Rice & Peas	Homemade Chicken Curry with Rice	Fish & Chips Or Southern Fried Chicken Strips
Homemade Cheese & Potato Pie with Grilled Tomatoes V	Vegan Pasty VE	Mac & Cheese V	Homemade Chickpea & Lentil Curry with Rice V	Vegan 'Chicken' Nuggets & Chips VE
Mixed Vegetables Baked Beans	Salad Carrots & Peas Baked Beans	Corn on the Cob Baked Beans	Homemade Bombay Potatoes	Peas Baked Beans
	Herby Diced Potatoes	Rice & Peas	Rice	Chunky Chips
Garlic Bread	Crusty Bread	Garlic Bread	Naan Bread	Bread & Butter
Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges
Donut Yoghurt Fruit	Mini Waffle Surprise Vegetarian Sugar Free Jelly Yoghurt Fruit	Homemade Sponge & Custard Vegetarian Sugar Free Jelly Yoghurt Fruit	Amy's Dessert Pot of the Day Vegetarian Sugar Free Jelly Yoghurt Fruit	Cookie Vegetarian Sugar Free Jelly Yoghurt Fruit

Week 2
W/C - 15th Jan, 5th Feb, 26th Feb, 18th Mar

Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Homemade Cottage Pie	Chicken Fajita bar with Unlimited Toppings	Grilled BBQ Chicken	Homemade Chicken Tikka Masala	Fish & Chips Or Southern Fried Chicken Strips
Homemade Tomato and Vegetable Pasta Bake	Spicy Bean Tower Burger	Falafel Stuffed Pitta with Mint and Chilli Sauce	Vegetarian Chicken Tikka Masala	Vegan 'Chicken' Nuggets & Chips VE
Mixed Vegetables Baked Beans Salad	Slaw Salad	Corn on the Cob Coleslaw Salad	Baked Beans Coleslaw Corn on the Cob	Peas Baked Beans
	Mexican Rice	Rice	Rice	Chunky Chips
Garlic Bread	Tortilla	Pitta Bread	Naan Bread	Bread & Butter
Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges
Flapjack Yoghurt Fruit	Homemade Cake Vegetarian Sugar Free Jelly Yoghurt Fruit	Homemade Sponge & Custard Vegetarian Sugar Free Jelly Yoghurt Fruit	Doughnut Vegetarian Sugar Free Jelly Yoghurt Fruit	Cookie Vegetarian Sugar Free Jelly Yoghurt Fruit

Week 3 W/C - 22nd Jan, 12th Feb, 4th Mar				
Monday	Tuesday	Wednesday	Thursday	Friday
Classic Mac & Cheese with crispy top	All Day Breakfast with Pork Sausage, Bacon, Egg, Baked Beans, Hash Brown	Piri Piri Chicken	Homemade Chicken Biryani	Fish & Chips Or Southern Fried Chicken Strips
Vegan Katsu Curry	All Day Breakfast with 2 Quorn Vegan Sausages	Sweet Potato Cheesy Tray Bake	Homemade Paneer Biryani	Vegan 'Chicken' Nuggets & Chips VE
Baked Beans Salad Sweetcorn	Baked Beans Salad	Corn on the Cob Coleslaw	Baked Beans Salad	Peas Baked Beans
Potato Wedges	Hash Brown	Rice	Rice	Chunky Chips
Garlic Bread	Bread & Butter	Pitta Bread	Naan Bread	Bread & Butter
Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges	Baked Beans Cheese Curry Sauce Potato Wedges
Cookie Yoghurt	Rice Crispy Cake Vegetarian Sugar Free Jelly Yoghurt	Sponge & Custard Vegetarian Sugar Free Jelly Yoghurt	Mini Waffle Surprise Vegetarian Sugar Free Jelly Yoghurt	Cookie Sugar Free Jelly Yoghurt